

# Class of 2021 & 2022



## Upland Pride

# Sophomore Counselors

## Ms. Santoyo (Lop-Z)

## Ms. Cantu (A-Loo)



# Freshmen Counselors

## Mr. Mason (Leg-Z)

## Mr. McCain (A-Lef)



# What do your counselors do?

- Meet with you and develop a college plan and update that plan annually
- Let you know what resources are available to you and how to find them
- Help you navigate the road to college or plans after high school

# Earning Credits

- Five credits are awarded for each semester class passed
- Credits are issued only at semester
- 230 credits required for graduation



# High School Graduation Requirements Class of 2020

A. History	30 credits (3 years)
B. English	40 credits (4 years)
C. Math	20 credits (2 years)
D. Science	20 credits (2 years)
E. Fine Arts/CTE/ Foreign Language	10 credits (1 year)
F. Physical Education	20 credits (2 years)
G. Electives	90 credits

**TOTAL: 230 Credits**



# Post High School Options

- **College**
- **Trade/Specialty School**
- **Military**
- **World of Work**

# College Options

- **Community College** (two-year) - No specific course requirements. We recommend that a student complete the A-G sequence.
- **Four-year public** (UC and Cal State universities in California)
- **Four-year independent colleges and universities** (both in and out of state)



# UC/CSU REQUIREMENTS

## (A-G Sequence)

### A-G Eligibility requirements

A.	History/Social Science	20 credits
B.	English	40 credits
C.	Math	30 credits*
D.	Lab Science	20 credits*
E.	Foreign Language	20 credits*
F.	Visual Performing Arts (VPA)	10 credits
G.	Electives	10 credits

\*Recommended three to four years

**MUST HAVE A "C" OR HIGHER  
IN A-G COURSES**

# Keys to Success at UHS

- Organize: successful students use a planner/organizer
- Prioritize: school, extracurricular activities, social
- Attendance: regular attendance (no more than five absences per semester, no more than six tardies per semester)
- Homework: routine and a good work area
- Get Help: see "Be a Successful Highlander" handout

# **Academic Resources available at Upland High School**

- Keep in contact on SchoolLoop (register at: <http://www.uplandhigh.org/>)
- Teachers are available to help students (time varies with individual instructor)
- Tutoring available in library after school
- Math Tutoring Lab (J-216 Mon/Tues/Thurs)
- Friday Cards & Homework Agreement (available in Guidance Office)

# ADDITIONAL RESOURCES:

- Freshmen & Sophomore Counselors
- Guidance Website (part of Uplandhigh.org)
- Career Center—Ms. Garza
  - Computers for career/college searches
  - College Representatives
  - College catalogues
  - ROP information
- Freshman and Sophomore Handouts
- Link Crew (for freshmen)



# Link Crew is here for U

- We love our freshmen and want you to know how important you are to our U-High community.
- 120 junior and senior volunteers are devoted to helping 9<sup>th</sup> graders navigate high school
- They host events, meet up for lunch, check in with each other, support one another, and send birthday wishes to build relationships.

# Freshmen & Sophomore Handouts:

- How to get to college (English and Spanish)
- How to be a Successful Highlander
- A-G/High School Graduation Requirements
- College Night: Thursday, October 4<sup>th</sup> @ 6:00PM
- NCAA

# QUESTIONS

